



SPORT COACHING

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WHY STUDY AT CSF

CONVENIENT LOCATION SMART TEACHING FRIENDLY STAFF

COMPETITIVE FEES STRONG NETWORK FITNESS FACILITIES

COMMITMENT TO SUCCESS STUDENT SUPPORT FOCUS ON QUALITY

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SYDNEY CBD

12 WENTWORTH AVENUE SYDNEY 2010 NSW AUSTRALIA

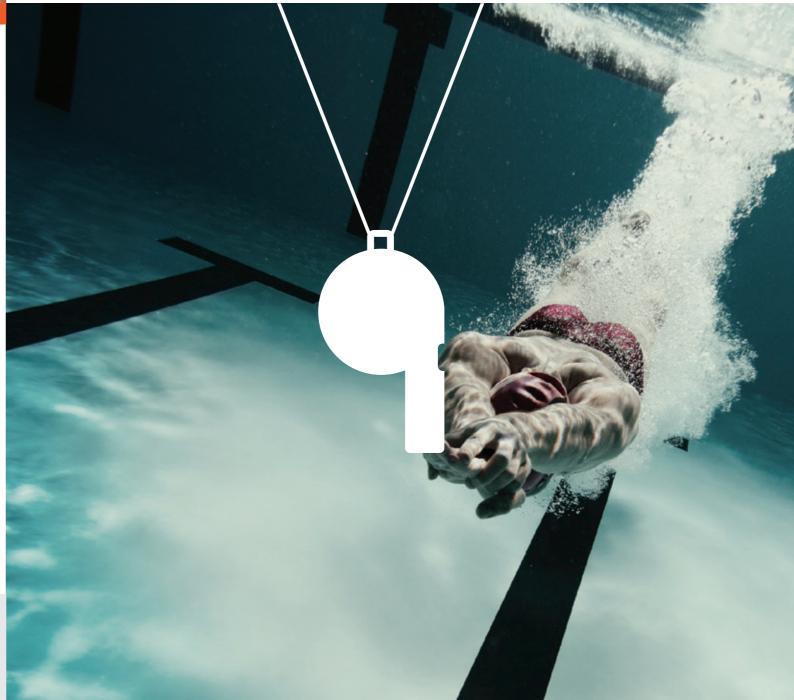
MANLY

BUILDING 5 33 SCENIC DRIVE, NORTH HEAD MANLY 2095 NSW AUSTRALIA

PERTH

LEVEL 1, 120 ROE STREET NORTHBRIDE WA 6003





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SPORT COACHING

Our sport coaching programs are aimed to provide working and aspiring coaches the opportunity to enhance their development in the area of high-performance coaching.

These programs will help you contextualise and relate knowledge to the current encounters fronting coaches working with elite athletes and organisations involved in high-performance sport. Sports Coaches can also run their own sports training facility and or offer their coaching services.

STUDY PATHWAY



This study pathway enables
Diploma graduates of the Sport
Development qualification
to obtain credit transfer to a

university qualification through arrangements with the University of Canberra. To find our more contact Student Service of CSF.



COURSE INFORMATION

Our Sport Coaching courses have been developed according to the requirements of the Sport, Fitness and Recreation Training Package (SIS10) and have been approved for delivery by the Australian Skills Quality Authority (ASQA). They are nationally recognised qualifications within the Australian Qualification Framework (AQF).







STUDY TRACK

Our objective is to provide graduates with the necessary skills and knowledge that will empower them to successfully fulfill the demands of the workplace.

Training is delivered in stages that correspond to AQF levels. The desired pathway for a qualification is for students to complete the requirements of the previous level qualification before progressing to the next level – thereby achieving more than one qualification.

Applicants without the previous level qualification will be considered if they have relevant qualification and /or vocational experience.

FUNCTIONAL DELIVERY & ASSESSMENT TECHNIQUES

Delivery and assessment strategies have been selected to mirror the nature of all elements and performance criteria within each competency cooperatively providing the needs and learning styles of the learners.

ENTRY REQUIREMENTS

- Be 18 years of age or above
- > English language level of minimum IELTS 5.5 or equivalent (if the level of English is insufficient, a suitable course can be organised)
- Year 11 or equivalent certificate of senior secondary education
- Have complete physical ability (May require interview prior of acceptance)
- Surfing Must have minimum 6 month surfing experience, own board, ability to tread water for 5min and swim 200m.

ADDITIONAL FEES

Enrolment Fee: **A\$200**

Uniform Pack Fee: A\$100

Includes first uniform for entry course. Further uniforms will be required for future courses - \$50 per pack.

Surfing Fee: A\$100 per term (Manly Campus Only)

COURSE DELIVERY

Courses are delivered over 20 hours per week through a combination of face-to-face and online delivery.

ACADEMIC YEAR / START DATES

The year is divided into 4 terms. See table for term intake dates.

QUALIFICATION	UNIT CODE	UNIT NAME				
Certificate IV	BSBRSK401A	Identify risk and apply risk management processes				
	BSBW0R404B	Develop work priorities				
in Sport Coaching	SISSSC0303	Plan and deliver coaching programs Pre-requisite: SISSSC0101 develop and update knowledge of coaching practices				
SIS40512	SISSSC0304	Customise coaching for athletes with specific needs Pre-requisite: SISSSC0303 plan and deliver coaching programs				
CRICOS Course Code 081600E	SISSSC0306	Provide drugs in sport information				
	SISSSC0307	Provide nutrition information to athletes				
	SISSSC0308	Support athletes to adopt principles of sport psychology				
	SISSSC0409	Work collaboratively with support personnel				
	SISXCCS402A	Coordinate client service activities				
	SISXCCS404A	Address client needs				
	SISXIND405A	Conduct projects				
	SISXIND408	Select and use technology for sport, fitness and recreation				
	SISXIND410	Coordinate sport, fitness or recreation work teams or groups				
	SISXWHS402	Implement and monitor work health and safety policies				
	SITXCOM401	Manage conflict				
Entry Requirements	SISFFIT305A	Apply anatomy and physiology principles in a fitness context				
- Current First Aid and CPR certification	BSBLDR403	Lead team effectiveness				
- National Accreditation Scheme (NCAS)	SISSSWM302A	Plan a program for a competitive swimmer				
- National Accreditation Scheme (NCAS)	SISSSC0410	Implement a talent identification program				
	SISSSC0411	Apply self-management to intermediate level coaching				
Tuition Fee	SISXIND403A	Analyse participation patterns				
	Choose one practical elective					
A\$ 6,000	Martial Arts SISSMAR402A / Teach the advanced skills of martial arts					
	Wellness SISXCAIO	04 / Plan and conduct programs				
Duration		SISCAQU010 / Instruct swimming strokes				
	· ·	SISOSRF303A / Perform intermediate level surfing manoeuvres (Pre-requisite: SISOSRF202A				
9 months	Juling Jibobiti	demonstrate basic surfing manoeuvres in controlled conditions)				
3 Terms / 30 College Weeks	demonstrate basic surming manifestives in controlled conditions;					
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YEAR	TERM 1	INTAKES	TERM 2 INTAKES		TERM 3 INTAKES		TERM 4 INTAKES	
	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM	PRIMARY	MID-TERM
2019	_	_	_	20 MAY	08 JUL	12 AUG	30 SEP	04 NOV
2020	20 JAN	24 FEB	13 APR	18 MAY	06 JUL	10 AUG	28 SEP	02 NOV
2021	25 JAN	01 MAR	19 APR	24 MAY	12 JUL	16 AUG	04 OCT	08 NOV
2022	24 JAN	28 FEB	18 APR	23 MAY	11 JUL	15 AUG	03 OCT	07 NOV

Diploma of Sport Coaching SISS0512 CRICOS Course Code 081637A Entry Requirements - Current First Aid and CPR certification - National Accreditation Scheme (NCAS) registration - National Accreditation Scheme (NCAS) registration - SiSSC0309 - SISSC0309 - SISSC0309 - SISSC0309 - SISSC0309 - Pre-requisite: SISSSC0303 provide drugs in sport information to athletes - Pre-requisite: SISSSC0303 provide rough in programs - Current First Aid and CPR certification - National Accreditation Scheme (NCAS) registration - National Accreditation Scheme (NCAS) registration - SissSC0309 - SISSC0309 - SISSC0309 - SISSC0309 - SISSSC0309 - SISSC0309 - SISSSC0309 - SISSSC0309 - SISSSC0309 - SISSSC0309 - SI						
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Wellness SISFFIT007 / Instruct group exercise sessions Students must choose and be competent in either Martial Arts or Swimming elective to receive their Diploma Qualification Wellness SISFFIT007 / Instruct group exercise sessions SISOSRF406A / Perform advanced level surfing manoeuvres (Pre-requisite: SISOSRF202A demonstrate basic surfing manoeuvres in controlled conditions / (Pre-requisite: SISOSRF303A perform intermediate level surfing manoeuvres)	18 months	Swimming	SISSSWM303A / Teach the advanced skills of competitive swimming			
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Students must choose and be competent in either Martial Arts or Swimming elective to receive their Diploma Qualification Surfing SISOSRF406A / Perform advanced level surfing manoeuvres (Pre-requisite: SISOSRF202A demonstrate basic surfing manoeuvres in controlled conditions / (Pre-requisite: SISOSRF303A perform intermediate level surfing manoeuvres)			Extra electives			
competent in either Martial Arts or Swimming elective to receive their Diploma Qualification basic surfing manoeuvres in controlled conditions / (Pre-requisite: SISOSRF303A perform intermediate level surfing manoeuvres)		Wellness	SISFFIT007 / Instruct group exercise sessions			
Swimming elective to receive their perform intermediate level surfing manoeuvres) Diploma Qualification	Students must choose and be	Surfing				
Diploma Qualification	competent in either Martial Arts or					
			perform intermediate level surfing manoeuvres)			
Vocational / Employment outcome > High performance coach	Diploma Qualification	Vesational / Employment Outcome > High performance coach				
		rocationat / Employment outcome / Physical performance coach				