



TORRENS UNIVERSITY AUSTRALIA
Diploma of Beauty & Spa Practice
Course Information

DIPLOMA OF BEAUTY & SPA PRACTICE

Are you ready to start your exciting professional career in the Beauty and Spa Industry?

GRADUATE OUTCOMES

The Diploma of Beauty and Spa Practice aims to graduate professionals with high-quality practical training who are prepared and capable of securing employment in the diverse industry of Beauty/Spa. Graduates will be capable of incorporating new technologies and innovations into their professional practice, in addition to making a meaningful contribution to the industry. Graduates will be able to work in the Beauty/Spa environment, performing high demand treatments in addition to demonstrating a strong knowledge of theoretical concepts that relate to their job role as a professional Beauty & Spa Therapist.

The roles they may undertake include (but not limited to):

- Beauty Therapist;
- Spa Therapist;
- Cosmetic Retail Advisor;
- Make-up Artist;
- Salon/Spa Manager
- Cosmetics Sales Representative;
- Business Development Manager (Cosmetics).
- Educator and Industry Trainer.

KEY STUDY OUTCOMES

- Demonstrate an understanding of salon practice, business fundamentals and professional ethics in relation to the Beauty/Spa industry
- Demonstrate the practical application of skills and capabilities required to provide a range of Beauty/Spa treatments to an accepted industry standard
- Demonstrate the interpersonal skills required to work effectively in a team, and display an inclusive approach to diversity in the workplace
- Determine and develop treatment plans based on a thorough understanding of client's needs and expectations
- Identify and respond to a range of treatment variations that require solution based thinking, and discretion in approach
- Interpret a range of policies, procedures and relevant legislation that governs the effective, safe and ethical provision of treatments in a Beauty/Spa environment
- Demonstrate the underpinning theoretical knowledge relating to the human body and how the physiological processes are impacted therapeutically, by a range of different practical treatments
- Outline an understanding of industry trends and interpreting their impact through research opportunities

CREDIT TRANSFER FOR PREVIOUS STUDY

Students who have successfully completed competencies in the SHB50115 Diploma of Beauty Therapy may be eligible for credit in this course by way of a credit transfer agreement.

PATHWAYS TO FURTHER STUDY

Contact a Course and Career Advisor for more information on credit transfers from prior study.

LEARNING WITH A DIFFERENCE

Research shows that active learning improves understanding and retention of information.

The Diploma of Beauty & Spa Practice is designed around the principles of the “*flipped classroom*” allowing you to learn through doing, not just through listening. The flipped classroom model provides you with the opportunity to explore material at your own pace before class. This might involve reading articles or texts, watching presentations or listening to podcasts.

Rather than just listening to a lecturer for an hour or more, you’ll come to class ready having read through or listened to the subject material. Guided by an expert in the field, you will then find a much more interactive and collaborative environment in which to question, query, challenge, discuss, and apply the things you have learned.

CAMPUS LOCATIONS

This course is currently delivered at the following campuses:

- Pyrmont campus, Sydney
- Fortitude Valley campus, Brisbane

START DATES

This course has three intakes throughout the year – February, June and September. Contact your Course and Career Adviser now for upcoming start dates and lecture times.

CAMPUS FACILITIES AND SERVICES

All campuses are designed to provide students with professional spaces in which to learn and work. They have been planned with student study needs in mind with well-equipped accessible learning spaces as well as student breakout areas for group work and spending time with friends.

Facilities and Services include:

- The Customer Service Hub – our friendly and experienced staff can give help and advice about courses, your enrolment and campus life, including all services and activities on campus.
- Fully equipped simulated clinic environment
- Access to state of the art equipment and machinery
- Counsellors are available for students to consult with on a range of personal issues
- Student wireless access throughout the Campus
- Student break-out and relaxed study spaces for group work
- Student lounge areas – most with microwaves, kitchenette facilities and vending machines
- The Learning Hub, home to the Learning Support Team, encompasses Learning Skills Advisors, Learning Technology Advisors, and Library & Learning Skills Officers. It provides an integrated,

holistic support program for students throughout the study lifecycle within a library/collaborative study environment.

The service includes:

- Support and workshops with highly qualified staff in the areas of Academic skills, Library skills, and Technology skills, both on campus and online.
- Physical and digital resources relevant to studies, such as books, journals, multimedia, databases
- Self-check kiosks for library loans and print and copy facilities

SUCCESS COACHES

Our Success Coaches are industry and education experts who leverage your strengths to align your learning with your broader life purpose. With a focus on career goals, and trained in Gallup Strength methodologies, your Success Coach will take a strengths-based approach to helping you set your learning and career goals.

Partnering with you for the duration of your studies, the Success Coach is here to make sense of all of the learning experiences, including readiness for and securing of work integrated learning, placements, internships and opportunities in internal enterprises. All of our coaches are industry professionals, which will give you that inside edge you'll need to be successful in your chosen career.

Irrelevant of how you like to learn, our coaches are there for you. Coaching can take place online, or on campus. Our main priorities are to make sure that you are always well connected and motivated, that you are successfully completing your desired subjects, and that you gain valuable knowledge and experience through participation and engagement, whilst always aligning to your natural talents.

LECTURERS AND ACADEMIC STAFF

In developing its degree courses, Torrens is able to draw on the vast experience and resources in education that have been developed within the Laureate International Universities network. Laureate is the largest education network in the world with more than 80 campus-based and online universities offering undergraduate and graduate degree courses to over 1,000,000 students. This makes the degree courses offered by Torrens University unique in their global aspect, the quality of the learning materials, up-to-date learning methodologies and the use of technology to enrich the learning experience.

SMALL CLASS SIZES

Get direct and personalised access to our industry-experienced lecturers and learning facilitators, through small class sizes and valuable one-to-one interactions, regardless of whether you study online or on campus.

COURSE OVERVIEW

| | | | |
|---|--|---|---|
| Qualification Title | DIPLOMA OF BEAUTY & SPA PRACTICE | | |
| Study Options – Domestic Australian students | Study full time or part time online. Brisbane or Sydney (Pymont) campus or online (with some campus attendance). | Study options – International students | This course is available to students who require a visa to study onshore in Australia. |
| Start Dates | February, June, September For specific dates visit the website | Course Length | Full Time: 3 trimesters (1 Year). Part Time: Options available |
| Entry Requirements | <p>Year 12 or equivalent</p> <p>Additional academic requirements for international students: Equivalent IELTS 5.5 (Academic) with no skills band less than 5.5</p> <p>Special Entry Requirements: Demonstrated ability to undertake study at the required level:</p> <ul style="list-style-type: none"> • Broadly relevant work experience (documented e.g. CV), demonstrating a reasonable prospect of success; OR • formal, informal or non-formal study, completed or partially completed, demonstrating a reasonable prospect of success; OR • written submission to demonstrate reasonable prospect of success. | Payment Options - Domestic Australian students | <p>Upfront payment This means tuition fees will be invoiced each trimester and payment is required on or before the due date.</p> <p>FEE-HELP FEE-HELP is Australian Government's loan scheme for higher education degree courses.</p> <p><i>Further information within this Course Information Sheet</i></p> <p>It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$54,869 in 2016-17). Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.</p> |
| | | Payment Options - International students | <p>Upfront payment This means tuition fees will be invoiced each trimester and payment is required on or before the due date.</p> |

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|----------------------------------|---|---------------------------|--|
| Course study requirements | It is expected that each 10 credit point subject will involve approximately 36 hours of directed study and approximately 84 hours of self-directed study. | Assessment | Assessments vary and may include: Practical assessment, participation in clinics, industry placement reports, case studies, in-class debates, online tests and quizzes, participation in online discussion forums and research projects. |
| Location | Brisbane campus & Sydney(Pyrmont) campus | Delivered by | Torrens University Australia |
| Provider | Torrens University Australia Ltd is registered as a self-accrediting Australian university by the Tertiary Education Quality and Standards Agency (TEQSA). | CRICOS Course code | 094184J |
| Provider obligations | Torrens University is responsible for all aspects of the student experience, including the quality of course delivery, in compliance with the Higher Education Standards 2015 | Accrediting body | Torrens University Australia |
| Course Fees | For details, refer to the website | Any other fees | For details, refer to the website |

COURSE STRUCTURE

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|--|--|-------------------------|--------------------------------------|----------------------|
| Title of the course of study: | Diploma of Beauty and Spa Practice | | | |
| Structure of the course of study: | The Diploma of Beauty and Spa Practice comprises 6 subjects (10 credit points each) and 1 subject with 20 credit points. The course can be completed with full-time study in 3 trimesters (1 year, standard duration) or over 6 trimesters (2 years, part time duration). | | | |
| Subject Code | Subject Title | Core or elective | Pre-Requisite or Co-Requisite | Credit Points |
| Trimester 1 | | | | |
| FAS102 | Foundations of Aesthetics | Core | - | 10 |
| BPT103 | Beauty and Spa Practice 1 | Core | - | 10 |
| Trimester 2 | | | | |
| APT107 | Aesthetic Practice with Technology 1 | Core | - | 10 |
| AET108 | Aesthetic Electrotherapy 1 | Core | - | 10 |
| MAT106 | Manual Aesthetic Techniques | Core | - | 10 |
| Trimester 3 | | | | |
| PCP206 | Professional Clinic Practice I | Core | - | 10 |
| BPT108 | Beauty and Spa Practice II | Core | - | 20 |
| Total Credit Points | | | | 80 |
| Course Rules: | To qualify for the Undergraduate Diploma, the candidate must complete satisfactorily a course of study that comprises seven core subjects totalling (80 credit points). | | | |

SUBJECTS

| Subject details | Recommended Study Pattern | |
|---|---------------------------|-------------|
| Level 100 core | | |
| Subject title, descriptor | Full-time | Part-time |
| <p>FAS102 Foundations of Aesthetics - Online</p> <p>The subject focuses on the foundations of professional ethics of the Aesthetic professional, including the concept, history, importance and principles of the profession. It focuses on the professional avenues in which the Beauty/Aesthetic professional works and highlights professional communication and integration with the other areas of health and wellness. This subject examines the professional career, and the history of Beauty/Spa and Aesthetics education, and discusses their role in society. It also discusses the professional associations and regulatory bodies relevant to the Beauty/Spa and Aesthetics industry.</p> <p>This subject also focuses on Salon and Business Fundamentals relevant to the professional workplace in the Beauty/Spa and Aesthetics industry.</p> <p>In addition, this subject addresses the basic fundamentals in a practical treatment scenario including Occupational Workplace Health & Safety, organisation of the work station, client consultation, treatment planning and professional conduct when addressing client concerns.</p> | Trimester 1 | Trimester 1 |
| <p>BPT103 Beauty and Spa Practice 1 - Face to face or online</p> <p>This subject focuses on establishing a combination of salon based practical skill sets including waxing, tinting, make-up, manicures and pedicures, in addition to the underpinning foundation knowledge associated with these treatments. This subject addresses both the practical skills and theoretical knowledge required to perform a range of treatments that are commonly performed in a salon environment, and in high demand. Students will be able to consult with clients, select suitable products/equipment and make treatment variations based on individual clients and their needs. This subject introduces students to the practical workplace environment and allows students to apply knowledge to a 'real world' scenario. This subject also introduces basic concepts of anatomy and physiology, skin biology, cosmetic chemistry, histology and nutrition as it relates to the treatments being performed.</p> | Trimester 1 | Trimester 2 |
| <p>MAT106 Manual Aesthetic Techniques - Face to face or online</p> <p>This subject addresses the foundation and development of manual aesthetic techniques in interdisciplinary and multidisciplinary forms. It develops the practical skills associated with the application of body massage treatments and aesthetics treatments that include lymphatic drainage of the face and body. It addresses the technical knowledge surrounding client consultation and assessment, contraindications, treatment protocols and planning based on individual client characteristics and variables.</p> | Trimester 2 | Trimester 3 |

| | | |
|---|-------------|-------------|
| <p>APT107 Aesthetic Practice with Technology I - Face to face or online</p> <p>This subject addresses the basic skills of aesthetic facial techniques. It addresses the use of equipment, basic technology and cosmetic preparations associated with electro-aesthetic facial treatments. It enables facial procedures to be conducted which include cleansing the skin, skin analysis, treatment of skin disorders such as acne and application of products based on identified skin conditions and type. This subject is a pre-requisite to Aesthetics Practice with Technology II (included in the Bachelor of Health Science (Aesthetics)).</p> | Trimester 2 | Trimester 3 |
| <p>AET108 Aesthetic Electrotherapy I - Online</p> <p>This subject addresses the basic theoretical concepts related to the physical and fundamental aspects of electrical, mechanical, sound and thermal equipment used in aesthetics procedures for the face and body. This subject provides foundational knowledge that allows the learner to understand the physiological effects of each related body system, created through electrical and mechanical aesthetic treatments. This subject is a pre-requisite to Aesthetic Electrotherapy II.</p> | Trimester 2 | Trimester 4 |
| <p>BPT108 Beauty and Spa Practice II - Face to face or online</p> <p>This subject addresses both the theoretical knowledge and demonstrates practical skills related to a range of therapeutic treatments including spa therapies, aromatherapy massage and blending, hot stone therapies and Indian head massage. This subject also focuses on the skills and knowledge required to establish and clarify client priorities, synthesize knowledge of anatomy and physiology, skin biology, cosmetic chemistry, histology and nutrition as it relates to the treatments being performed. Service contraindications, WHS requirements and lifestyle factors that may impact the provision of treatments are also addressed.</p> | Trimester 3 | Trimester 5 |
| Level 200 core | | |
| <p>PCP206 Professional Clinic Practice I - Face to face (on campus only)</p> <p>This subject places the future Beauty/Spa professional into a clinical work environment (practical clinic or work placement). Students experience the day-to-day practice of Beauty/Spa environments in clinics, salons, spas and/or other healthcare institutions, with emphasis on beauty/spa treatments for the face and body.</p> | Trimester 3 | Trimester 6 |

COMPULSORY PRACTICAL COMPONENTS

Please be aware that some subjects contain compulsory practical components which cannot be studied or satisfied online. For example, the subject PCP206 Professional Clinic Practice I - must be studied at either the Pyrmont (Sydney) or Brisbane campus

INTERNATIONAL STUDENTS

This course is available to international students that require a visa to study in Australia.

A POSITIVE STUDENT EXPERIENCE

Think: Colleges values the importance of a positive student experience, and therefore has robust processes to resolve student complaints. The Student Complaints Policy, and associated procedures, can be access from the [website](#).

PAYING FOR YOUR QUALIFICATION

We offer two payment options for this course:

Upfront payment

If you want to complete your qualification debt-free you can choose to pay as you go. This means tuition fees will be invoiced each trimester and payment is required on or before the due date using EFTPOS, credit card or Flywire.

FEE-HELP

FEE-HELP is Australian Government's loan scheme for higher education degree courses.

It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$54,869 in 2016-17). Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.

Further information about FEE-HELP, including eligibility, is available at:

[FEE-HELP website](#)

[FEE-HELP booklets](#)

Austudy and Abstudy

Students enrolled in this course may be eligible for government assistance, such as [Austudy](#) or [Abstudy](#).

FREQUENTLY ASKED QUESTIONS

Is Course Credit available?

Yes, course credit is available upon application and academic approval. This credit can take the form of credit transfer, block credit, or Recognition of Prior Learning (RPL). For further information, consult our friendly Course and Careers Advisor, or visit the [website](#).

What materials and equipment will I need to provide?

Resources for online study

You'll need a computer/device with high speed Internet access, and up to date computer software, such as, Adobe PDF reader, Microsoft office suite, email address and video recording device. You are strongly encouraged to have a web cam and microphone available to engage with tutors and peers online to support your participation in the interactive learning environment.

Resources/kits for study

If you choose to study online, you will need to purchase your own kits in order to complete the skills you will be learning throughout the course. You can purchase these through the college, and approximate total value is \$608. On campus students are not required to purchase kits.

What if I haven't studied in a long time?

It is perfectly natural to feel nervous about starting a new course. The Southern School has a proud tradition of delivering academic excellence and practical training in a nurturing and supportive environment. The School has a diverse student community with people from all walks of life, including young adults and mature age students, as more and more people are seeking an exciting career in health and complementary medicine.

Can Torrens University help me find work while I'm studying and after I graduate?

Through our Careers and Industry services, we also provide students with technologically advanced employability profiling and upskilling, courtesy of a range specialised of events and seminars in conjunction with leading employers. Torrens assists students in developing current employability skills and helps them to access leaders in their field, for their personal networks and industry placements. Torrens enjoys many mutually beneficial relationships with industry that empower our entire student cohort to be successful graduates.

Tuition Assurance

If you're a domestic student, your investment in your education is protected by Torrens' membership of the TAFE Directors Australia Higher Education Assurance Scheme. If you are a domestic student, please refer to our Tuition Assurance Statement.

International students are covered by our membership to the Tuition Protection Scheme, an initiative of the Australian Government to assist international students whose education providers are unable to fully deliver their course of study. The TPS ensures that international students are able to either complete their studies in another course or with another education provider or receive a refund of their unspent tuition fees

Are scholarships available?

Torrens offers a limited number of fee-waiver scholarships each trimester, ask a Course and Career Advisor if you're eligible.

What are the enrolment dates for the courses?

There are three intakes per year for each Torrens University course. You may enrol anytime during the year and start in the term of your choice. However, please be sure to book early to reserve your place.

How often will I be required on campus?

As an on campus student, you will be scheduled to attend classes weekly (as per your timetable). As an online student, you will be required to attend 3 x 6 days compulsory practical workshops over the duration of your course (1 x 6 day block per trimester).

Where are the Torrens campuses located?

Torrens University has campuses in Adelaide, Brisbane, Melbourne and Sydney.

- Adelaide – Wakefield Campus: 86-92 Wakefield Street, Adelaide SA 5000, Australia
- Brisbane – Fortitude Valley Campus: 90 Bowen Terrace, Fortitude Valley QLD 4006, Australia
- Melbourne – Fitzroy Campus: 25 Victoria Street, Fitzroy VIC 3065, Australia
- Melbourne – Little Collins Campus: 595 Little Collins Street, Melbourne VIC 3000, Australia
- Sydney – Pyrmont Campus: 235 Pyrmont Street, Pyrmont NSW 2009, Australia
- Sydney – The Rocks Campus: 11-5 Hickson Road, The Rocks NSW 2000, Australia
- Sydney - Ultimo Campus: 46-52 Mountain Street, Ultimo NSW 2007, Australia

REASONS TO STUDY WITH TORRENS

Torrens University Australia brings a fresh, modern, careers-focussed perspective to higher education. Here's what that means for you:

Be part of an international network

Torrens University Australia, Australia's newest comprehensive university in over 20 years, is part of Laureate International Universities, a leading international network of quality, innovative institutions of higher education comprised of 80 universities across 29 countries. Torrens' association with Laureate International Universities gives you the opportunity to leverage the network of over 1,000,000 students around the world – including more than 100,000 online students.

Access our national campus network

Whether you study on campus or online, you can access state-of-the-art Torrens campuses in Adelaide, Brisbane, Melbourne or Sydney. There are no more boring classrooms, we have designed our learning spaces to promote collaboration and engagement, and they're located in convenient and vibrant inner city neighbourhoods.

Dynamic Online Learning

Dynamic Online Learning mode means you can achieve success in your own time. We provide on-demand access to your course materials and content so you can study whenever it's convenient to you. At specific campuses, we also offer hybrid courses that combine online and on-campus study to provide you with yet another option for completing your postgraduate course.

Fast-track your career & professional network

Torrens operates on a trimester system so many courses can be completed in less time than at other institutions. Imagine walking out of Torrens with a Master degree in as little as 12 months, or a Bachelor degree in only 2 years.

Industry engagement and academic skills

Torrens engages in robust dialogue with local, national and global businesses, industries and associations with the goal of creating better graduate outcomes for our students.

We believe education should reflect the realities of industry, as well as the development of critical thinking and global perspectives in the approach we take. Integrating relevant insights and desirable skill sets through our active conversations with industry allows us to remain dynamic and evolve with the needs of the modern workplace.

Through our Careers and Industry services, we also provide students with technologically advanced employability profiling and upskilling, courtesy of a range specialised of events and seminars in conjunction with leading employers. Torrens assists students in developing current employability skills and helps them to access leaders in their field, for their personal networks and industry placements. Torrens enjoys many mutually beneficial relationships with industry that empower our entire student cohort to be successful graduates.

Develop skills in:

- Writing essays and reports
- Study techniques
- Goal setting
- Grammar and spelling
- Time organisation

- Creating an effective study environment
- Academic learning
- Exam preparation

Student events

Meet and network with industry professionals and gain valuable contacts at various events including networking nights, Meet the Manager professional seminars and industry association events.

CONTACT US

If you have any further questions, please contact your Course and Career Adviser for additional information.

Email: enquiries@tua.edu.au

Phone: 1300 575 803 (within Australia)

Phone: +61 8 8113 7800 (International)

www.torrens.edu.au



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<https://twitter.com/torrensuni>

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