



FITNESS COURSES

INTERNATIONAL COURSE SCHEDULE 2026

INTERNATIONAL COURSE SCHEDULE 2026

In line with new standards of training and FIT College Continuous improvement, please review the class International Courses Class Schedule 2026.

Intake Dates (Term Start - Term Finish)

2026 Terms	2027 Terms	2028 Terms	2029 Terms
19th Jan - 3rd Apr	18th Jan- 2nd Apr	17th Jan - 2nd Apr	15th Jan 30th Mar
13th Apr - 26th Jun	12th Apr - 25th June	10th Apr - 25th June	9th Apr - 22rd Jun
13th Jul - 25th Sep	12th Jul - 24th Sep	10th Jul - 24th Sep	9th Jul - 21nd Sep
5th Oct - 18th Dec	4th Oct - 17th Dec	9th Oct - 17th Dec	8th Oct - 14th Dec

SIS30321 Certificate III in Fitness (CRICOS:110301E) - 1.30pm -5:00 pm

Monday:	Topic Workshop - Content overview & assessment facilitation
Tuesday:	Practical Tasks - Practical assessment completion work
Wednesday:	Practical Tasks - Practical assessment completion work
Thursday:	Exercise and Coaching skills

SIS40221 Certificate IV in Fitness (CRICOS:110302D) 1.30pm -5:00 pm

Monday:	Exercise and Coaching skills
Tuesday:	Topic Workshop - Content overview & assessment facilitation
Wednesday:	Practical Tasks - Practical assessment completion work
Thursday:	Practical Tasks - Practical assessment completion work

SIS50321 Diploma of Sport - Coaching (CRICOS:114406H) 1.30pm -5:00 pm

Monday:	Practical Tasks - Practical assessment completion work
Tuesday:	Practical Tasks - Practical assessment completion work
Wednesday:	Topic Workshop - Content overview & assessment facilitation
Thursday:	Topic Workshop - Content overview & assessment facilitation